

## Administration of the PRFS

The PRFS is designed to fit into the flow and quick pace of the typical cardiopulmonary rehabilitation program. The PRFS is a useful tool for Phase 2 or 3 patients in assessing for psychosocial risk factors and performing outcomes research. It can also be used in the inpatient setting and primary prevention settings.

Typical administration time is approximately 10-15 minutes. It is much preferred that patients take the survey with privacy within the rehab facility. However, it may be completed at home if it is standard procedure to complete a packet of other forms as part of the admission process. The patient should be clearly informed of the necessity of taking this survey without additional influence from others, such as a spouse or other support person.

Staff should ensure that the patient can read at a 6<sup>th</sup> grade level. One simple measure of ability might be to ask if the patient is able to reasonably read a typical newspaper. At this point, there are no norms that reflect patient response patterns when the PRFS items are read to the patient.

The following instructions are recommended for the administration of this test.

*We know that there are some psychosocial risk factors that can also affect our health. We would like for you to complete this survey that can help us to learn if any of these factors affect you. This will take about 10-15 minutes.*

*As you can see, there are 70 statements for you to respond to. I would like you to firmly draw an X in the box that has the number that describes most accurately how much you agree or disagree with these statements. Please note that this survey includes items on the back side of this form for you to complete also.*

*Please respond to the items as they apply to you "these days", and do not spend much time on any one item. Try to respond with your first reaction, and please only mark one response for each item.*

*When you are done, leave it here, return it to me, or (other instructions).*